

Go-Kits -- First Aid

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There are many items which experience has proven are necessary for successful operations under stressful emergency situations. The better prepared the Operator is, the greater the chance of being able to convey, accurately, the messages and information dispatched. The Amateur Radio Emergency Service Official Emergency Station Operator may wish to include in the "Go-Kit:"

... Tools

- Latex gloves (2 pairs)
- Magnifying glass
- Tweezers
- Straight pins
- Safety pins
- Matches
- Sharp knife / razor
- Scissors
- Small brush
- Small mirror
- Thermometer
- Tongue blades (2)
- First-Aid Guide

... Wound Cleaning

- Alcohol pads
- Antiseptic pads
- Moistened towelettes
- Alcohol
- Hydrogen Peroxide
- Antiseptic cream / Neosporin
- Povidine / Iodine (PI)
- Cotton balls
- Q-Tips
- Cleansing agent/soap
- Antiseptic
- Petroleum jelly

... Wound Dressing

- Assorted small bandaids
- Sterile Gauze Pads 3", 4"
- Knuckle / Butterfly bandaids
- 1" Tape
- Liquid skin

... Medicine

- Ibuprofen
- Visine
- Sunscreen
- Sudaphedrine
- Antacid
- Pepto-Bismol
- Ipecac
- Anti-diarrhea (Immodium)

... Trauma / Bites / Blisters

- Meat tenderizer (bug bites)
- Calamine
- Hydrocortisone
- Insect Repellant
- Ace Bandage
- Moleskin