

## Go-Kits - Personal Kit

*There are many items which experience has proven are necessary for successful operations under stressful emergency situations. The better prepared the Operator is, the greater the chance of being able to convey, accurately, the messages and information dispatched. The Amateur Radio Emergency Service Official Emergency Station Operator may wish to include personal items in the "Go-Kit:"*

- Personal Items
- Money
- Credit Cards
- Quarters
- Pocketknives
- Extra Eye Glasses
- Watch
- Earplugs
- Cell Phone with extra batteries and charger
- Telephone Calling Card

## Go-Kits - Food

*There are many items which experience has proven are necessary for successful operations under stressful emergency situations. The better prepared the Operator is, the greater the chance of being able to convey, accurately, the messages and information dispatched. The Amateur Radio Emergency Service Official Emergency Station Operator may wish to include food in the "Go-Kit:"*

- Food for 72 hours; MREs
- Water: 1 gallon/person/day
- Snacks